

# IPANEMA

## SNACKS

**PICKLE BOARD** *house pickles, chickpeas, olives, & breads* GFO/N 13

**HUMMUS PLATE** *w/ seasonal crudité's & toasted pita* GFO 8

**FRIED CAULIFLOWER** *w/ smoked lemon-paprika aioli* GF 6

**SOUP OF THE DAY** *cup or bowl, w/ grilled pita* GFO 3/5

**CRISPY CHICKPEAS** *w/ pumpkin & sunflower seeds* GF 4

**AVO TOAST** *grilled sourdough bread w/ avocado & crema* 5

## SALADS

ADD GRILLED TOFU 4 / AVOCADO 2.5

**CAESAR SALAD** *w/ grilled tofu, tomato, carrots, cucumber, caesar dressing & croutons* GFO 11

**GARDEN GREENS SALAD** *w/ herbs, apples, shallots, sliced avocado, creamy tahini, & pita* GFO 10

## BURGERS, ENTRÉES, & SANDWICHES

**SPAGHETTI AND MEATBALLS** *w/ marinara sauce, beyond "beef" meatballs, basil, parmesan* VO\* 15

**GREEN CURRY** *spicy green curry sauce, squash, kale, cashews, sweet potato straws, rice, pita* GFO/N 14

**WILD MUSHROOM RISOTTO** *w/ marinated and grilled tofu, balsamic reduction, micro greens* VO\*/GF 15

**BEER-BRAISED BEYOND SAUSAGE** *w/ German mustard, sauerkraut, braised cabbage, pretzel bun* GFO 16

**PORTOBELLO STEAK** *w/ white wine-braised brussels sprouts, garlic sweet potato mash, micro cabbage* GF 14

**HUMMUS WRAP** *garlic hummus, mixed greens, tomato, cucumber, onion, olives, jalapeño, & choice of side* 12

**BEYOND BURGER** *seasoned "beef", cheddar, special sauce, lettuce, tomato, & choice of side* VO/GFO 13

**BLACK BEAN BURGER\*** *adobo black beans, cilantro-lime slaw, paprika aioli, & choice of side* NV 12

**BUFFALO CAULIFLOWER TACOS** *breaded and deep fried cauliflower, buffalo sauce, slaw, avocado crema* 11

**COWBOY TACOS** *seasoned "beef", house tomato salsa, purple cabbage, crema, cheddar* VO/GFO 11

**CAESAR WRAP** *w/ grilled tofu, tomato, carrots, cucumber, caesar dressing & choice of side* 11

**BBQ JACKFRUIT SANDWICH** *w/ cilantro-lime slaw, avocado crema, & choice of side* GFO 10

## SIDES

 GF 6

### FRENCH FRIES

*w/ lemon-paprika aioli*

### MAC & CHEESE\*

*w/ panko bread crumbs*

### GARDEN GREENS

*w/ creamy tahini*

### SWEET POTATO MASH

*w/ garlic & parsley*

### HOUSE PICKLES

*pickled fruits & vegetables*

## DESSERTS

### CAKE / PIE

 GFO 6

*\*rotating selection\**

*add vanilla ice cream*

*(regular 1.5 / soy 2.5)*

### BROWNIE À LA MODE

 GF 3.5

*hot fudge brownie,*

*add vanilla ice cream*

*(regular 1.5 / soy 2.5)*



VO - VEGAN-OPTION GF - GLUTEN-FREE GFO - GLUTEN-FREE OPTION N - CONTAINS NUTS  
ALL ITEMS ARE VEGAN UNLESS OTHERWISE NOTED • OUR GLUTEN-FREE BREAD CONTAINS EGG

