

IPANEMA

SNACKS

CRISPY CHICKPEAS w/ pumpkin & sunflower seeds GF 4

FRIED CAULIFLOWER w/ vegan ranch (N) or vegan buffalo sauce GF 6

AVO TOAST toasted sourdough w/ sliced avocado, lime juice, fresh herbs & avocado crema GFO 5

HUMMUS PLATE shallot hummus, black bean hummus, harissa, cucumber slices, marinated olives, & toasted pita GFO 9

MEZZE BOARD shallot hummus, black bean hummus, tempeh "chicken" salad, grilled tofu, avocado, marinated olives, & breads GFO 14

SALADS

ADD GRILLED TOFU 4 / AVOCADO 2.5

CAESAR SALAD w/ grilled tofu, tomato, carrots, cucumber, caesar dressing, & croutons GFO 11

ASIAN SALAD w/ carrots, cabbage, scallions, red peppers, cashews, peanut dressing, & pita GFO/N 11

BURGERS, ENTREES, & SANDWICHES

BEYOND BURGER seasoned "beef", cheddar, special sauce, lettuce, tomato, & choice of side VO/GFO 13

BLACK BEAN BURGER* adobo black beans, cilantro-lime slaw, paprika aioli, & choice of side NV 12

TEMPEH CHICKEN SALAD lettuce, tomato, tempeh "chicken" salad, toasted sourdough, & choice of side GFO 13

BUFFALO CAULIFLOWER TACOS breaded and deep fried cauliflower, buffalo sauce, slaw, & avocado crema 11

COWBOY TACOS seasoned "beef", house tomato salsa, purple cabbage, crema, & cheddar VO/GFO 11

CAESAR WRAP w/ grilled tofu, tomato, carrots, cucumber, caesar dressing, & choice of side 11

BBQ JACKFRUIT SANDWICH w/ cilantro-lime slaw, avocado crema, & choice of side GFO 11

LUNCH SPECIALS

TOFU PATTY MELT house marinated tofu, caramelized shallots, toasted sourdough, & cheddar VO 11

COWBOY BURRITO w/ rice, lettuce, avo crema, seasoned "beef", pico, jalapeños, & cheddar VO 12

SIDES

6

FRENCH FRIES

w/ vegan ranch, dill GF/N

MAC & CHEESE

w/ panko bread crumbs N

PASTA SALAD

w/ balsamic reduction

CAESAR SALAD

GF

DESSERTS

PIE GFO 6

rotating selection

add vanilla ice cream

(regular 1.5 / soy 2.5)

BROWNIE À LA MODE 3.5

hot fudge brownie,

add vanilla ice cream

(regular 1.5 / soy 2.5)



VO - VEGAN-OPTION GF - GLUTEN-FREE GFO - GLUTEN-FREE OPTION N - CONTAINS NUTS NV - NOT VEGAN

ALL ITEMS ARE VEGAN UNLESS OTHERWISE NOTED • OUR GLUTEN-FREE BREAD CONTAINS EGG

